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Through Anandi Zhang

Cover image:

Detail from a rammed earth stele celebrating Unity in Diversity with soils of Auroville and from around the world.

Sri Aurobindo:

Your life on this earth is a divine poem that you are translating into earthly language or a strain of music which you are rendering into words.

The Complete Works of Sri Aurobindo (CWSA), Vol. 12, p. 100

Gratitude

To Sri Aurobindo and The Mother

To Mother Nature and life experiences that inspire poetic expressions, personal and universal

To B, Nikki V., Nina S., Patricia H. and Silky A. for editing and feedback

To Auroville Design Service for book design

Eyelids part
Only to meet again.

For the eyes that see We are never apart.

OM...

Do you come from Mother's womb?

Do you reside in The womb of Creation?

Let me know By your vibration.

Miracle

Mirra calls Her children
To come home.

Mirra creates an Auroville And calls it a miracle.

Breathe
The air of Auroville
A living miracle.

Mother (Mirra Alfassa) named the flowers of *Memecylon umbellatum* "Miracle (Air of Auroville)".

Auroville

All reveals All heals All rejoins All rejoices

Banyan Roots

We aspire for Mother's Grace.

In answer
The Banyan
Spreads her canopy
And sends down
Aerial roots.

We make a column of
Soil and compost
To welcome them
To take root
In the embrace of
Mother Earth.

A gardener grows flowers And blooms among them. Flowers bloom and wither.

Now I see you withering And I wonder "Have you bloomed?" Sole on soil Direct connection One step at a time All chappals
Walk the talk
Of unity in diversity.

Do chaps and chapesses feel it Through awareness of the feet?

When sky speaks of its myriad moods

There is no language barrier.

Inside the house
Rays shine through
Lighting the dim and dark
Revealing the dirt and dust.

Come out into the open air!
See the sun in its full glory
Out there
In here.

A half full moon, complete in itself
Fully aware of its phases and cycles
Faces light and darkness, wax and wane
With a cool, clear light
Moving on its track
Unmoved.

On a full moon night Down pours the rain Up grow the plants Who know full well What nurtures What matters I lowered my head
To work on
Pride and prejudice
Forgetting to look up
At the starry sky
And wonder at
The marvels of night.

We mix and mingle Into hybrids Believing ourselves A higher breed. Bias binds and blinds.

Why let it dry or drain Your spring of life? Narrowness of the mind Clogs the flow of life blood From the Heart. The mind races Faster than The light.

It gains in speed Loses trace of The Light. Recurring thoughts linger Longer than their shelf life As one loses control of self And leaves the stage open To constant cosmic plays On the home screen of Mind.

Birthday Gift

When Lord himself Prepares a grand gift For His birthday He sets the worlds As a stage Invites all His Creatures and children To participate To each play a role In the drama that unfolds In the play of opposites Fighting & mimicking each other To realise their resemblance To remember the One origin To live the finale Of a Life Divine Now or later

All actors
Stream in
To rehearse
For the Grand Play.

A puppet show is on.

When it is over

Hail the show

And salute the artists

Holding and pulling on the strings

Giving voices to the characters

From behind the screen.

The world now
Is a movie
In slow motion.

The Maha Director-cum-Actor
Intent on perfection
Fine-tunes
Every frame.

Ever chained and connected
We are impossibly driven
To act, react and counteract
Till we contact That
Which alone acts.

"Action!"
"Cut!"
Says the Director.

Finally, the crew celebrates Whatever roles they play In and behind the Act. Dressed perfectly We come to the show Rehearsed perfectly.

Somewhere, somehow
Something slips in –
A simmering wound
Unaddressed, cries out
Songs and sorrows
Stains and strengths
Stories of humanity.

Robes and Roles

What robes do you wear? What roles do you play?

What makes your eyes roll? What makes them shine?

What makes you roar with anguish? What makes you roll with laughter?

When will you shed robes and roles?

"Let's Honour All..."

Lime-light
Shining for some
Sour for others

With all in Thy domain
O deathless sum-light
So sweet, sweaty and bright!

Abolition of the Ego

Eucalyptus strips and sheds its bark and lays bare the inner skin in the sun.

Mother named Eucalyptus flowers "Abolition of the Ego".

i build obstacles And pray to Ganesha To remove them.

I build bridges From stumbling blocks And enshrine Ganesha within. These bugs Red and black Walk twined

One steps forward
One steps backward

As a couple
They still manage to
Move on

Tango?
Tangled?
Time to go?

Time to know.
Time to grow.
Time to renew.

Concern Clouds Worry Wears Fear Freezes Anger Agitates Violence Violates Cynics cook Sour dishes Churning Brings out Deepest yearning Where longing ends Belonging begins Clarity enters Anxiety exits When We are lost There is a hole.

When We are found The hole is full filled It becomes a whole. Till the heartland Till it becomes The Homeland.

Collector

I am a collector
Not of
Taxes, gossips or complaints
But of
Smiles, fragrances and nectars

Why compare and compete?

Come in pairs.

Complement.

Complete.

On a Cycle Path

A white cow stepped aside Quietly, gracefully When it felt my presence.

I passed
Quietly, gratefully
Without ringing the bell
Or falling into a yell.

A Dialogue

"Who really understands you in the whole universe?"

"I guess the universe itself."

"Is it important for you that I understand you more and more?"

"It's not important.

It's inevitable."

I was chewing A hard-to-digest incident.

She called and told me Where she felt I was in pain.

In an instant
The unvoiced lone suffering
All vanished.

She knew it and cared Across miles' distance.

I knew it and am convinced That we are truly connected.

Goodwill

"Bless you!"

Say it, mean it always Not just when I sneeze. Goodwill to all.
God's will to All.
Good for souls and cells.

I thought I have drifted away Or have gone astray.

Nay, nay, nay...
La Mère still holds sway.
She has the final say.
She knows the way.
She is the way.

Wait, wait, wait...
I'm on the way.

I have been missing Thee For as long as time lasts Even though you reside Right here inside of me

Guru

Guru is a water tap
Turn it on
To clean or drink

In Her moment of humour Mother named bitter gourd "Sweetness".

Bitter, sweet...flavours of life. Like or reject them, they just exist. Significant or not, they still pass. Thy bright smile
Blows the clouds away.
The sunlit blues of sea and sky
Re-appear in my bruised heart.

O Mère Your smile Mysterious and mischievous Drags me out of misery Draws me into the mystery

See-Saw

(a game for children of all ages :-)

See-Saw
See-Saw
Up and down
Round and round

I am up, you are down You are up, I am down I am in the centre, so are you I see you, you see me

Who oversees
You and me
And us all?

Leader and Follower

In a game
The facilitator instructs:
Find a partner
Let your index fingers touch
One is A, the other B
Decide between yourselves

Now
A to lead, B to follow
B to lead, A to follow
A to lead, B to lead
A to follow, B to follow

. . .

That to lead We to follow

Here Comes the CROCODILE!

Run, run, run to safety!

Help each other

Protect the young

Challenge the monster

Kill it or drive it away.

Children love this game
And never get tired of it.
They fake fear
To experience
Courage and collaboration.

The crocodile never comes.

The game still goes on.

A group of three-year-olds Clap hands and declare "We are the monsters..."

Kids grow and group up Point fingers and denounce "They are the monsters..." We play childlike games
And disguise as adults
Feigning innocence and maturity.

The children
Dressed differently
In skins and skirts
Walk across fields of play
Hand in hand.

A seamless view.

A small smiling girl
Wearing a cute skirt
With curls in the hair
Plays with cushions
For meditation
Busily putting them
In rows and circles
Or random forms
Walking on and around
Caring not to sit on

When carried away
By the arms of an adult
In the middle of the play
She still smiles on
She still plays on
In the arms
Of the adult

The adult
And those around
Children at heart
Chuckle at the child
Walk on with the child
Who still smiles on
Who still plays on

The game is still on

Who holds sway
In the world?

The swing sways
High and low
As the child
Kicks off ground
Let go of fear, and
Let out cries of joy.

A pool full of kids Laughing Splashing Swimming

A few pairs of watchful eyes Look on, alert for their safety Forgetful of the youthful joy They used to enjoy themselves There inhabits in us A youth that never ages –

Accepts Adventure
Grows in Gratitude
Enthused with Energy
Loves Life
Empowered in Equanimity
Surrendered in Solitude
Sincere in Simplicity
Yes to Yoga
Open to Oneness
Unaffected by Uncertainty
Trusting in Transformation
Humbled by Humanity

The child's eyes
Pure and bright
Pull my sight
From the adult world
Steeped in right or might.

He told a vivid story
Of the fight
Between Divine and Devil
As if vivifying an ancient tale
That stays alive by tell-tale.

The tale went viral Infecting numerous Affecting numberless In the "all-reveal" pressure cooker

Heat and steam build up

Find no easy release

While the cooking

Goes on

Till

We are ready

To serve.

We call and cry
For peace
In a broken voice
With a broken heart.

Peace walks out Lingers no longer.

"One day
I will come back
To stay and settle
When you are
No longer in pieces."
So says peace.

"Once in a while
I will visit you
Even uninvited
To assure
that I am here
For you
With you
As you
Always."

Will death die in its due hour? Will dis-ease decease?

Will debate brake?
Will conflict confine or refine?

Will patterns of the "past tense"
Trigger present and future tension?
Or will they train us to shift attention
To what makes us fresh and free?

Will hate melt into heat Of the Flame burning up In the bodily frame? Will smile and soma Sweeten a sour dough Make it more digestible?

Will Her Love and Laughter Be the magic thread and touch?

Will I, we, you...
Yes, You!
Join in
To will it?

A living will Before and beyond Death and dying. True freedom Never bound Seldom found Ever around I took framed images
To Free Store
For their free flow.

Now my storage space is free For all divine images To come alive. They call for spiritual transformation. We indulge in scholarly transcription.

When all is said and explained Plain like water, without sugar Where shall we find The mysterious Beauty The Bride behind the veil?

Why be so cruel
Taking away all
Fun, joy and sweetness
Of the supreme adventure
Of Self-discovery?

Turbulent Times

Waves and foams
Splash to the shore
Recede
Then rise again

Some avert Some watch Some engage In the play Shiny days Rainy nights

Even the weather Has preferences And patterns. Something called
And held me back
When I was on the brink of
Comment and conclusion
Before slipping all the way
Down to drowning complaints
That flood the face of Reality.

A timely halt In times hot. Pointing fingers
Is not the way
To figure out
Who's got the point.

Feedback

Not to avoid, allude or auto-play In muted mutual dissatisfaction

Not to flatter, flatten or feed The ego, subtle or overt

Not to pry, pick or prick Loopholes in "others"

Not to demonstrate Right or wrong Better or worse But to give and receive
In growing goodwill
A trusting incubation
Full of candid calm
And comprehending compassion
Of crescent co-travelers
Careful in the art and act
Carefree in what comes
In the dance of Two in One

When noise riots
Quiet silences its steps
And walks in unnoticed.

We sing out loud Chaotic or in chorus.

The silent witness
Waves Her arms
And conducts in Grace.

Sometimes
Children play wild
And forget to
Put things
Back in order.

What can a mother do?
Continue to smile
Or feign a stern response?

External means Not what She means

Makeshift tools Not replacement For internal shift Or eternal uplift

O Mère Have you pre-paired us? How do you prepare us In every act of the play?

We still don't know. Who makes us so? In a sweeping glance
She sees what's sweeping us
And what sweeps away the clouds.

We speak little.

Even that much seems an excess

For we commune

In sacred, subtle, sweet ways.

Thy hand holds me
In a soft strength
That sustains
In a warmth
That melts
In a touch
That stays

She captures my heart And holds me hostage.

Grudgingly, gradually I surrender, readily.

For She is the host That never ages Through the ages. She gives us
Acu-pressure
She inserts needles
Into our acu-points
Not to inflict acute pain
But to release it
So that we walk in life
Alive and pain-free

I hold a smooth stone
And wonder
How much rubbing
It has gone through.

She rubs two stones.

Frictions ignite

Sparks of a fire

That burn upward

From within.

All is in Her hands.

She sets out to
Unearth precious stones
In deep, dark mines
Carve and polish each diamond
In its multi-facets
And run an invisible thread
Through them all.

Then, She puts it around Her neck To honour the jewelled Crown Of conscious, blissful existence. Facets are not
The whole diamond
That I am.

She knows how to
Cut and polish the stone
Make it precious
Make it know its value.

She knows, I know. That's why I can smile on And learn a bit of Her ways.

Karma Yoga

She is Queen of beings We are work bees Work and be

> Be sweet Share sweetness

She prepares a soup Sweet, sour and spicy For Her children

We savour, sweat, smile or swear
Stumbling and surrendering
To Her secure embrace
To Her saving Grace

She changes Her designs and plans Sets to do, undo, redo indefatigably Therefore, She is.

> She never defeats. She never loses.

She wins with a wink. She wins over our hearts. Mirra, the Mother, the Master Has a Master Plan, a Vaster Plan.

Melt in Her arms, warm and vast.

Merge our dreams in Her dream.

Re-member the parts we are and play.

See the Miracle in countless mirrors?

Don't smear, sneer or snore.

Don't be smart or small.

Surrender and behold

The Divine Smile.

Life is not A moment's image Captured and framed.

> The river of Life Flows on and on All the way To Thy embrace.

O La Mer!
Take in every drop of me.
Let me find you
And lose my self
At this very moment.

Tributaries
Join mainstream
Not to remain there
But to flow into sea.

All rivers Run and rush to Thee O La Mer

All waves
Rise and fall in Thee
O La Mer

All foams
Are born and burst in Thee
O La Mer

Surfing

Ride on the waves
Soar high
Dip low
Breathe
Look forward
Be one with the rhythm
Of La Mer
Master of movements
A child at play
In Her yast embrace

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Not a Drive in the Cloud
Thou art webmaster in Thy domain
Assuming countless names
Residing in myriad forms

How many have visited you And stayed faithful?

O Mother
Thy gaze follows me everywhere.
Thy Grace wraps me up
in a cocoon of Love.

Shall I peck at the cocoon and emerge as a butterfly?

I know Thy heart will not be broken.

You will only break into tears of joy for Thy child.

"The child in me is weeping. Is it a good time for weaning?"

"Yes, dear. Keep growth your focus.

After weaning, you are still here with me
As you have always been, and always will be."

Infatuation A fantasy In infancy

Sucking and licking
Weeping and laughing
Goodbye and hello again
Again and again

Mother, expert at weaning
Directs me to
Savour the soma
Of loving oneself
One Self
In all

I strayed off the main road And stumbled upon A path back home.

O Mother
Where else will you lead me?
I am already at home.

A tadpole mistakes many For its mother In its formative years.

When it grows into Her shape and spirit It finds her at last.

Its seeking ends.
It becomes a mother.

In rehearsal
For the greater dawn
To come
In a brief moment
In came a movement
"Oh, I like every one."

My heart was moved
To tears
In recognition of the fact
That nothing or no one
Tears us apart.

Vasudhaiva Kutumbakam

When the universe resides in Thy motherly bosom
When the world is one big family
When we grow in your Heartland
Who is your favoured child?
Who is a guest or foreigner?

O Man Cast country, class or caste Join the cast in the Lila.

Men make facades. God makes faces Laughs and laughs. The imperfect

Us

Home

World

Perfect occasion to grow

Earthy

Homey

Worthy

Earth

Our playground
Our Mother
Our home
Ours
Us

Peel the onion skin
Of existence
Opinions fall off
Revealing union
At the core

Is She playing a trick and joke?

Are we playing a role

And taking its toll?

Look! How She grins.

Look! How gloomy faces glee.

Look! How babies are born and bloom.

Variables change constantly.

What remains constant
In and in spite of changes?
What constantly creates changes?

That alone is constant.

That alone is the invariable Creator.

Divine Design

Do not

Dramatise

Despise

Depress

Depend

Defend

Desire

Divide

Doubt

Deny

Defy

Dry

Die

You will be delivered Without a delay.

Division is a delusion divinely designed
Not to deceive or disillusion
But to derive a clear vision
A dance and dialogue within one Self.

The Divine devises duality A device for the Benign

Straighten the spine Align with the Divine The mind restless.
The vital revolts.
The body resigns.
The soul re-designs.

The ultimate rest is in Thy arms.

The ultimate revolt is against littleness.

The ultimate resignation is to let go of struggle.

The Divine is benign.
The Divine is never
Scared or scattered.
The Divine is ever
Sacred and gathered
Sole focus on bringing
The soul to the front
In confrontation
And consensus.

Not for or against Not static neutral Not roles at play Not forces applied

No sure and secure ground

To stand on

The soul and spirit

Lure and urge us on

Till we recognise and realise

What smiles on

Behind the yeils

Gratitude is a stream That knows its source And goes on its course All the way to the sea. Drink from the Source The spring and stream Of constant inspiration.

> Quench the thirst At long last.

An artist Focuses on shadows To reveal the light. I paint on my canvas.

We paint each other.
In what shades?

There is no darkness.

There is Light only
Playing with
Veils and shades
Of Her own Make
On the infinite canvas.

Surrender

Ultimate revolt Against self

So that we vote For Self

You stay immobile and move Mountains and seas Hearts, minds and souls

Move me
Like a breeze
Caressing the face of a child
Creating dimples and rippling smiles

Lead me
Like a tour guide
Treading a treasure-hunt path
Through misty and mystic landscapes

Take me
The totality of me
Into your swirling cosmic dance

Don't let me fall or faint
For we have a promise
To dance on and on
Each movement
Each moment
In eternity

The soul
Sees it all
Soars above all
Sails through all

The soul is Never severed From the Source

The soul is
The sole thread
That connects
And saves us all

Can't you see How occupied I am?

I attend to things A thousand and one

Then, in one moment You sneak in

You hold me In Thy gaze eternal

I slip into the Sound of Silence With a smile and a sigh Silence
Is a womb
Pregnant with
A New Creation

One look All is said and done. Thy Grace Lights All ways Always